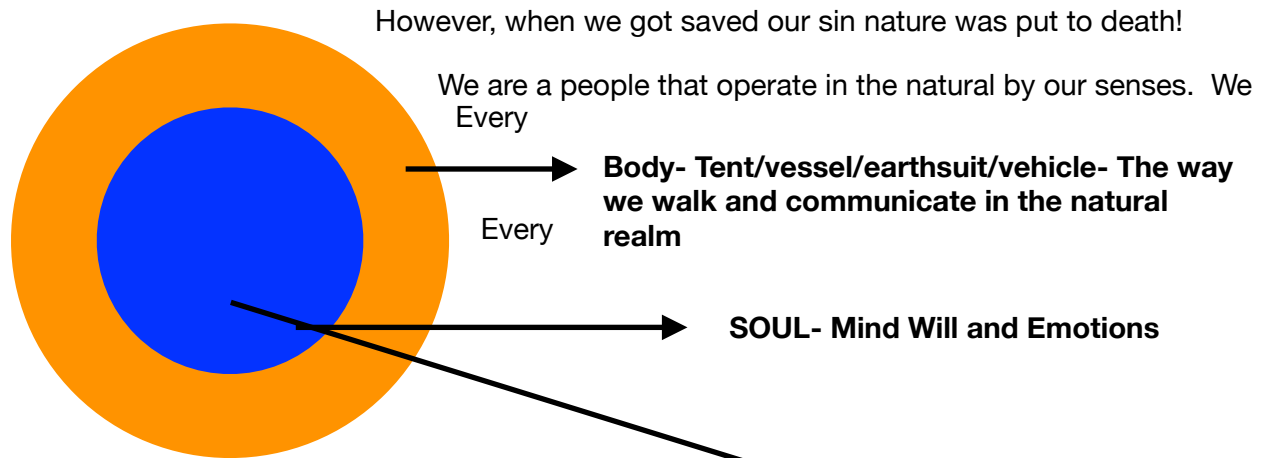


Body, Soul, and Spirit
Determined to Thrive in 2025!
Lesson 2- Why It Is Imperative That You Understand This
February 2025



We must stop letting our circumstances dictate our faith! Rather we must use our faith to dictate our response to our circumstances!

II Corinthians 5:17- A new creation! Something we must understand head and heart!

When we are born again, our body does not automatically change, nor does our soul. However, our soul is subject to change as we renew our mind to the Word/Will of God! Our spirit is instantly changed when we are born again

Our body can be used for holy or sinful things. For the believer, our body is a carrier of the glory of God and our body houses the Holy Spirit. We are to glorify God in our body! Our body is to be used as a instrument of righteousness!

Our soul is the realm of decision making- We could think of it as “neutral ground” between the body and the spirit

Our spirit is our connection with God. It is the innermost part of our being. It knows perfect fellowship with God

I Corinthians 2:9- We receive the spirit that is of God that we might know the things that are freely given to us by God!! Spiritual things must be spiritually discerned. We have the mind of Christ!

We see, yet again, that God has set us up for thriving, for victory!!

The Holy Spirit communicates to our spirit what He knows of God! What does the Holy Spirit know of God? EVERYTHING!! HE IS GOD!!

No matter how we might feel in our body or soul, our spirit connection to God remains! We live not to connect with God, rather we live from a connection with God.

Our body belongs to God - **I Corinthians 6:19**

Our spirit is one with God - **I Corinthians 6:17**

Our soul must be renewed to the biblical fact that we are DEAD

When God calls us righteous, He is speaking of our spirit. Our spirit cannot become more righteous than we are right now. If that were not true then it would imply that we do something to receive more righteousness. But our righteousness comes from Christ and we can do nothing to earn it.

Our body can still sin because we live in a fallen world. However, we no longer have a sin nature. Pre-salvation we had no power to resist sin, we were in bondage to sin. **Romans 6:6**

Every day we respond to what we see, hear, smell, taste in the natural. That is necessary in order to operate on this earth. However, we cannot transfer that over to our spiritual walk. Spiritually, we are not to walk according to our senses. **Romans 8:5**

We are to bring our body under subjection and we are to renew our mind. **I Corinthians 9:27, Romans 12:1-2**

We have not been given a spirit of fear but of power, love and a sound mind. **II Timothy 1:7.** Therefore we should not see a spirit of fear in us, we must rebuke it, we must cast it out! Anything we don't resist, we are giving permission for it to stay.

We are not to let our body dictate our walk —

We don't walk according to our flesh, we are to walk according to Holy Spirit.

We resist the things that are not of God, We don't give them permission to remain in us!

Is this easy to do? It depends upon our discipline to renew our mind!

God communicates with us Spirit to spirit. Holy Spirit power flows into our spirit. We discern the Word through Holy Spirit speaking to our spirit. We must yield the members of our body to the Holy Spirit. **Romans 6:13**

A un-renewed mind operating in a born again individual is like trying to carry on a phone conversation with someone on a phone that has a ton of static on it. We can't hear well!. We have the connection, but we miss half the words!

Pre-salvation we allowed our body and soul to rule our life.

We blame our behavior and mindset on past trauma, family history, circumstances, abuse, etc. However, once we are saved, we receive a NEW IDENTITY (An identity in Christ!) and those previous excuses cannot be applied any longer! Our responsibility is to renew our mind to the Word of God. Read it, receive it, walk in it and find out that it is God who defines us!! Stop letting the world or your failures define you!

How do we do it? - We have to know the Word and apply it, walk in it! This is our responsibility

Our body is what we see- One way we bring our body into subjection is through fasting. We must say "no" to our body when it wants to do something that is not part of our new identity. We get saved and receive the Holy Spirit power that allows us, empowers us to say "no"!

We have to renew our mind.(part of our soul) The Holy Spirit will bring to remembrance to God's Word but we must give Him something to work with. Therefore, we must KNOW THE WORD OF GOD.

Romans 12:1-2 - Stop being conformed (poured into the mold) of this world Rather be transformed (total transformation from the inside out!

Our sin nature IS DEAD!! **Romans 6:11**

Romans 8:6-18 - To be carnally (or fleshly) minded is DEATH. To be spiritually minded is LIFE AND PEACE! The carnal mind is enmity with God! They that are in the flesh cannot please God.

A born again believer is no longer of the flesh but of the Spirit! If Christ be in you, the body is dead because of sin but the spirit is life because of righteousness, **I Peter 2:24**

We have to be led of the spirit, our mind renewed by the Word of God!! Our former sin nature dies when we get saved and the Bible gives great examples to understand this

Baptism : Buried in the likeness of His death, raised in the likeness of His resurrection. It demonstrates death of the old self and the resurrection of the new man now in Christ.

Circumcision not made with hands Colossians 2:11-12— The cutting away of the dead (pre-salvation) part is cut away

Crucified-It is put to death - What get crucified? Cut away? Put to death? IT IS OUR OLD NATURE. **Galatians 2:20**. We are crucified with Christ!

Our hostility toward Him is DEAD - **Romans 8:7**
Our insubordination and inability to please God is DEAD

We no longer battle sin like we did pre-salvation! We have to learn to be what we are! WE ARE DEAD! If you go to the cemetery to put flowers on a grave, are you actually expecting to have a conversation with that body that is 6 ft under? NO! They are dead, and that is how DEAD our sinful nature is. **Romans 6:11**

Give yourself a funeral. If you need to die daily, then die daily! Hourly, then hourly! As you grow and renew your mind in the Word you will find that you struggle less and less. We no longer fight for victory, we fight from the standpoint of victory!! The same power that raised Jesus Christ from the dead is the same power working in us!!

We have to nurture our new nature with the Word of God! God places in us a new nature and then it is our responsibility to nurture that new nature!

It is when we nurture that new nature that we begin to see change in us, our soul and even our body!